

Welcome to the Sand Sea and Spirit 2009 Retreat

..It's more than "Just a vacation!"

Advertisements: Please take the time to read and patronize advertisers this week as well as share their information with others upon your return home.

Masks: Join us for the Masquerade Ball on Wednesday. Justine hosts a creative and fun mask decorating class Tuesday 4 p.m., just in time for our Masquerade Ball Wednesday night.

Meals:

Breakfast - Monday-Friday 7:30-9:30 a.m. in the large conference room. Breakfast menu is posted in the Social Room with Daily Features. Saturday Continental Breakfast is offered 7:30 to 8:30 in the Lobby.

Lunch - Check coupons from our Welcome Bag; there are a number of great restaurants in the area which offer lunch specials.

Buffet Dinners provided by Sand Sea and Spirit on Sunday at 6:00 p.m. and Friday Evening at 5:00 p.m.

Supper - Monday, Tuesday, Thursday will be Community Meals starting at 6:00 p.m.

Wednesday evening will be finger food and appetizers during our Masquerade Ball starting at 7:00 p.m.

See Paul DiFranco or Cathy Kline for your dish reservation.

Name Badge: Please wear name badge to all Sand Sea and Spirit Events and Meals. Included with your name badge is a Sand Sea and Spirit business card with Karen and Cathy's cell numbers.

Participation Agreement: Participation Agreement enclosed.

Pay and Trade Products and Services: Signup sheets and a large poster provided in the small Social Room daily. Sand Sea and Spirit offers a generic form. Please maintain your personal postings for accuracy.

Raffle Tickets: This year there will be two drawings for free Participation Fee at the 2010 Retreat. Purchase tickets while at the beach this week, and also qualify for great gifts in nightly drawings. One ticket \$5. Five tickets \$20. Drawings held at the October 25th picnic at Alley Park, then Spring Picnic. Need not be present to win.

Registration: Saturday 4:00 to 5:00 p.m. Sunday 12:00 to 4:00 p.m. Daily 9:00 to 9:30 a.m.

SSS Magnet: Found in the small envelope with other business cards. The SSS Magnet is a handy way to place any notes, schedules or messages on the outside of your condo door. It will serve as a great to assist others in finding you (provided you want to be found). ;)

Schedule of Events: Quick reference guide. Details on all events are listed in the program as well. Please check the daily activity board in the Social Room for any last minute changes.

Social Room (Small Conference Room): Designated as a gathering point for our family, this room will be available most hours. This is a great place to find transportation, post pay or trade services or products, as well as a meet up place for participants. There are, however, a few times when classes will be held here. Please be considerate during those times.

The Sand Sea and Spirit 2009 Organizing Volunteers would like to express our heartfelt appreciation for your support. Have a wonderful, happy, healthy and spirit-filled week!

Please contact Karen Rollins, Cathy Kline or Antonio Merlo if you should have any questions or concerns about the retreat. Any questions or concerns about your condo, please contact the front desk.