

# SAND SEA AND SPIRIT - 2009

TIME	Sunday 20-Sep	Monday 21-Sep	Tuesday 22-Sep	Wednesday 23-Sep	Thursday 24-Sep	Friday 25-Sep
7:00 AM		<i>TaiChi - Mike Frazier on the Beach</i>				
		<i>Labyrinth on the Beach- maintained by Dale Sparlin</i>				
7:30 AM		<i>Breakfast served until 9:30 am each morning in the Large Conference Room</i>				
7:45 AM		<i>Maya Morning Meditation- Karen Rollins - on the Beach - 15 minutes</i>				
8:00 AM		<i>Yoga on the Beach</i>		<i>Yoga on the Beach</i>		<i>Yoga on the Beach</i>
		<i>Dancing - Gazebo</i>		<i>Dancing - Gazebo</i>		<i>Dancing - Gazebo</i>
8:30 AM		<i>Meditation with Nettie in her condo</i>				
9:00 AM		<i>Tai Chi - George Faithful- Poolside</i>				
	<i>Create the Life You Love - Patty Henderson - in her condo</i>					
10:00 AM		<i>Deeper Into Purpose and Passion - Christy Snow</i>	<i>Sound Healing with Tuning Forks Melanie Dailey</i>	<i>Divine Love Workshop Cyndie Lepori Dominic Mogavero</i>	<i>Dolphin Playshop Cyndie Lepori</i>	<i>Shamanism Clara Bayer</i>
			<i>The Labyrinth: A Journey of Discovery Dale and Nettie</i>			
11:00 AM		<i>Introduction to Alternative Health Clara Bayer</i>	<i>Labyrinth and Journaling Dale and Nettie</i>	<i>Women's Wisdom Doe Hart and Betty Elliott</i>	<i>Women's Wisdom Doe Hart Betty Elliott</i>	<i>Shaman's Journey - Sacred Path "Thunderbird"</i>
12:00 PM		<i>Anya Naturals Elizabeth Whitson</i>				
	<b>REGISTRATION IN SOCIAL ROOM (SMALL CONFERENCE ROOM)</b>	<i>Forged by Fire</i>	<i>Jack Fowler</i>	<i>Christy Snow</i>	<i>Mark Henry</i>	<i>Doe Hart</i>
1:00 PM		<i>Create the Life You Love Patty Henderson</i>	<i>Con Rev Cathy Kline</i>	<i>"Why Am I Here?" Diane Leicy</i>	<i>Social Songs/Drumming "Thunderbird"</i>	<i>Awakening the People of Peace Cathy Frazier</i>
		<i>Forged by Fire</i>	<i>Jack Fowler</i>	<i>Christy Snow</i>		<i>Doe Hart</i>
2:00 PM	<i>Orientation</i>	<i>Understanding Today's Energies - Dottie Asselin</i>	<i>Health Assessments Beth Brooks</i>	<i>Zero Point Field Joe Asselin</i>	<i>Choosing Right Massage Therapist Michael Queck</i>	<i>Releasing Judgment Julie North</i>
			<i>Learn to Spin Fire Forged by Fire</i>			<i>Mark Henry</i>
3:00 PM	<b>REGISTRATION</b>	<i>Maya Calendar Wisdom 2012 - the End or New Beginning? Karen Rollins</i>	<i>Soul Play Otto and Susie Collins</i>	<i>Zero Point Therapy Jean Waibel</i>	<i>EFT - Tapping Into Balance Lynn Klimo MD</i>	<i>Feng Shui Carolyn Redinger</i>
			<i>Paradigm Shift Towards Holistic Therapies - Lynn Klimo, MD</i>			
4:00 PM		<i>Slow down and Relax Antonio J. Merlo, LMT</i>	<i>Mask Decorating Justine Marple</i>	<i>Dream Interpretations Catharine Nimon</i>	<i>Healing with Feeling Nancy Laird</i>	<i>How to sleep your way to better health - Michael Queck</i>
			<i>Chair/Floor Yoga Carolyn Hall</i>			
5:00 PM	<i>Opening Ceremonies Blessing</i>		<i>Memorial Service</i>			<i>Buffet by SSS</i>
6:00 PM	<i>Evening Buffet SSS</i>	<i>Community Supper</i>	<i>Community Supper</i>		<i>Community Supper</i>	<i>Dance Music with Les Linton and TK until 10 pm</i>
7:00 PM	<i>Earth Blessing Doe Hart</i>	<i>Jack Fowler begins at 7:30 pm</i>	<i>Christy Snow Begins at 7:30 pm</i>	<i>Masquerade Ball and Dance Party to 10 pm - Includes appetizers</i>	<i>Doe Hart 7:30 to 8:30</i>	
8:00 PM to 10:00 PM	<i>Forged by Fire Fire spinning</i>				<i>A Ceremony of Sound Antonio Merlo 8:30 to 10 pm</i>	

*Held at Phoenix V 24400 Perdido Beach Blvd. Orange Beach, AL 36561*

*www.SandSeaAndSpirit.net*